

# Step by Step Hair for Juniors

## YOU WILL NEED;

Hair gel - strong hold

Hair spray - strong hold

Water spray – spray bottle

Hair bands – same colour as hair

Pins – same colour as hair

Bobby pins – for attaching hair pieces to the hair

Hair nets – same colour as hair (always carry a spare)

**Helpful hint:** Use a fishing tackle box to keep all the hair equipment together in the individual compartments. It saves time and makes it much easier on you. You can find these at Fishing Tackle shops or from Crazy Clarkes etc.



Harbour Performing Arts Centre

# Here's how a bun is done...

## 1. HAVE EVERYTHING READY IN FRONT OF YOU

2. Sit your child on a chair or stool at a good height directly in front of you
3. Lightly squirt hair with water to flatten wispy bits and give the hair a good brush
4. Apply **plenty** of gel to the hair as it needs to last all day (you can control that fringe or those short bits with the use of a strong hold hair gel)
5. Use a good firm brush and brush back into a pony tail sitting in the middle of the head avoiding lumps in hair. Use a hair band that matches closely to the colour of your child's hair)
6. To create the bun start by wrapping the hair around in a circle, then using your hand as support start pinning as you go, or at the end, which ever feels more comfortable
7. Tuck in the ends of the hair carefully so they are neatly underneath and not sticking out  
IMPORTANT: The secret to a great performance bun is that the bun should lie flat against the head and not stick out high or raised. You can achieve this by flattening it as you go when placing the pins and using lots of gel to control the hair
8. Place the hair net (not bun net) over the top of the bun and wrap it around several times until it is all sitting firmly and keeping the hair in place. Apply plenty more pins to secure
9. Finally and most importantly use **plenty** of hair spray to keep your wonderful creation in place. There's no point going to all that trouble if by the time your child is on stage those wispy bits have taken off again.
10. You will need **extra** Bobby Pins to attach your child's hair piece before the performance. Your child will need to access and hold onto these for the parent helpers to apply



Sit child directly in front of you



Dampen hair with water squirter and brush hair



Use plenty of strong hold hair gel



Brush hair back neatly getting out any lumps



Use a matching or similar toned hair band



Wrap hair around in a circle



Start pinning as you go with matching pins



Flatten bun as you pin, using plenty of pins



Place hair net and wrap around several times



Secure the hair with strong hold hair spray

TIP: If you have not created a performance bun before then practice it a couple of times before the big day, your child will think it is so much fun.